

ELIGIBILITY

The Promise Program serves students throughout their undergraduate career. To be eligible for the Promise Program, you must:

- be a U.S. citizen or national, or meet residency requirements for federal student financial assistance.
- be enrolled or accepted for enrollment in the next academic year at Mount Mary University.
- have a demonstrated academic need for Promise Program services.
- be first-generation (no parent/legal guardian obtained a bachelor's degree) and be limited-income (see the U.S. Department of Education's Office of Postsecondary Education income guidelines).

TO APPLY:

Go to mtmary.edu/promise and download a **Promise Program Application** (PDF), print and complete. Return the application with your financial documents via mail, email or drop off at the Promise Program Office (Haggerty 019).



TRIO
STUDENT SUPPORT SERVICES



Promise Program

CONTACT:

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Promise Program Director
TRIO Student Support Services

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 To apply visit: mtmary.edu/promise



Mount Mary
UNIVERSITY

Sponsored by the School Sisters of Notre Dame

2900 North Menomonee River Parkway
Milwaukee, WI 53222-4597
mtmary.edu



Promise Program



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“ I WANT TO THANK MY PROMISE PROGRAM COACH WHO ALWAYS WAS THERE WHEN I NEEDED HELP. SHE IS ONE OF MY SISTERS WHO LED ME TO ACHIEVING MY GOALS BECAUSE NONE OF MY FAMILY UNDERSTANDS ME LIKE SHE DID. ”

— Mu Chi P.



SERVICES

- **Academic Coaching**
Work one-on-one with a Promise Program coach to make sure you're on track to graduate, including choosing the right courses and developing a personal success plan to help you achieve your goals.
- **Academic and Social Skills Workshops**
We tailor workshops and learning opportunities to students at each stage of their college experience. Workshops focus on topics such as time management, study techniques, resume and cover letter writing, stress management and personal development.
- **Financial Planning for College Students**
Get assistance with financial aid planning and scholarship searches, completing your FAFSA, as well as attend interactive informational sessions about managing personal budgets.
- **Graduate and Professional Degree Planning**
Work with Promise Program staff to identify potential graduate schools and programs, prepare for entrance exams, and navigate graduate-level admission and financial aid processes.

The **Promise Program** is a federally funded TRIO Student Support Services program that creates opportunities for student success.

We support first-generation and limited-income college students with the goal of helping students to remain in good academic standing, persist in college and graduate with a bachelor's degree.

Promise Scholars benefit from a supportive environment that celebrates their achievements and assists them with individual challenges they might face.



Promise Program

- **Cultural Enrichment**
Enhance self-awareness and increase your sense of belonging through community-building activities with other students.
- **Professional Tutoring**
Schedule 30-60 minute appointments with a tutor Monday through Friday during the academic year for assistance with study skills and courses in math, physical science, biological science and writing.
- **Peer Mentoring**
Promise Program peer mentors are junior and senior participants who are committed to developing a long-term relationship with first-year students and serve as role models by providing advice, affirmation and motivation.
- **First-Year Transition Program**
We help new first-year students become familiar with the campus and what it means to be a successful college student.
- **Supplemental Grant Aid**
Promise Scholars who are already receiving Pell Grants may still have unmet financial need. If you actively engage in the Promise Program, you may qualify for additional monetary aid. Federal government and Mount Mary University eligibility requirements apply.

“ FOR UNDERSTANDING AND HELPING ME IN DECISIONS OF MY LIFE, AND FOR BEING SOMEONE I CAN TRUST TO BE IN MY CORNER CHEERING ME ON, THE PROMISE PROGRAM MEANT SO MUCH. ”

— Vanessa M.