

MOUNT MARY UNIVERSITY

DIETETICS

CERTIFICATES

The Dietetics Certificates at Mount Mary University are designed for both current IMSND students and Registered Dietitians seeking to expand their expertise in specialized areas of nutrition. These certificates offer advanced education and practical skills. For current RDs, credits earned from these certificates may be applied toward the completion of a master's degree at Mount Mary University.

Certificate programs in the Dietetics Department are offered every other year and can be completed within one year.

CERTIFICATE IN PRIVATE PRACTICE (9 CREDITS)

The Private Practice Certificate is designed for current RDs and graduate students looking to start a private practice or further develop their existing practice. This program provides advanced skills in nutrition counseling, business management, and multicultural competence, preparing students to successfully manage and grow a private practice while offering culturally competent care. It is ideal for those looking to expand their current scope of knowledge in private practice or build a sustainable, successful nutrition business.

COURSES:

DTS 575 Advanced Nutrition Counseling (3 credits)

DTS 705 The Private Practice Blueprint (3 credits)

CON 700 Multicultural Counseling (3 credits)

CERTIFICATE IN NUTRITION AND MENTAL HEALTH (9 CREDITS)

The Certificate in Nutrition and Mental Health is designed for current RDs or graduate students seeking to expand their knowledge in the link between nutrition and mental well-being. This program covers nutritional psychology, nutrition counseling skills, and evidence-based strategies to support mental health. Graduates will be prepared to deliver specialized, holistic nutrition care for clients with mental health challenges, using effective counseling strategies to enhance mental health outcomes.

COURSES:

DTS 633 Nutritional Psychology I (3 credits)

DTS 635 Nutritional Psychology II (3 credits)

DTS 575 Advanced Nutrition Counseling (3 credits)

CPEU CREDIT FOR RDs:

Nutrition and dietetics-related academic coursework, including distance learning, at a university accredited by a USDE recognized accrediting agency can be awarded CPEUs. Under the activity description in your Activity Log, indicate whether the coursework was taken during a semester, trimester, or quarter. Academic coursework that qualifies for CPE credit must be started after you have become an RD or DTR and must be completed in your current recertification cycle and the course completion date shall not extend beyond the last day of the term. For those RDs or DTRs concluding a 5-year recertification cycle, the date of completion of academic coursework can be the date of notification of successful course completion. However, successful notice must be received by May 31 of the last year of the recertification cycle.

1 SEMESTER CREDIT HOUR = 15 CPEUS

1 QUARTER CREDIT HOUR = 10 CPEUS

MORE INFORMATION AVAILABLE ON CDR'S WEBSITE