

PSYCHOLOGICAL SCIENCE PRE-DIETETICS SCHOOL OF ARTS & SCIENCES



Mount Mary University’s dietetics department prepares students to become dietitians — highly qualified professionals who are recognized as experts in food and nutrition.

Dietitians can work in many different areas. Most work in health care settings including medical nutrition therapy, food service management and community nutrition. Dietitians are committed to optimizing health through food and nutrition. Many work in school food service, public health programs, wellness areas and retail.

3+2 Program

As of January 2024, all entry-level dietitians must hold a master’s degree or higher.

Incoming Mount Mary undergraduate students complete a Bachelor of Science (Psychological science: Pre-Dietetics concentration, Human Biology: Pre-Dietetics concentration or Exercise Science Pre-Dietetics) which flows into the Integrated M.S. in Nutrition and Dietetics program. These students earn 22-24 graduate credits during their senior year, which apply toward the M.S.

- **Accelerated time to completion:** Since courses taken in the student’s fourth year count toward both the undergraduate and graduate degree, students will save one year of study compared to competitor programs.
- **Budget-friendly:** Students in the program save significantly on tuition costs by paying undergraduate tuition in their fourth year (which includes generous financial aid and scholarships), while earning graduate credits.

YEAR	TYPES OF COURSES	TUITION & FINANCIAL AID
Years 1-3: Undergraduate level courses	Core courses, pre-requisite courses for dietetics, and major courses (human biology and psychological science)	Students pays undergraduate tuition (and receives financial aid and scholarships)
Year 4: Hybrid year (undergraduate/graduate level courses)	Dietetics courses (that count toward the graduate degree)	Student still pays undergraduate tuition (and receives financial aid and scholarships)
Year 5 (summer, fall & spring): Graduate level courses	Dietetics graduate courses	Student pays graduate tuition

Supervised Experiential Learning

Mount Mary’s Integrated M.S. in Nutrition & Dietetics includes the minimum 1,000 hours of supervised experiential learning needed to be eligible to take the Registration Examination for Dietitians upon graduation.

The supervised experiential learning begins during the student’s first year. Initially, a student’s supervised experiential learning hours will be accomplished with Mount Mary faculty on-site. In a student’s final year, her supervised experiential learning hours will be completed with a preceptor (a dietetics professional who is dedicated to working with students). Supervised experiential learning hours will focus on:

- Medical nutrition therapy
- Community/nutrition
- Food service management

Practicum site locations include hospitals, outpatient clinics, school districts, nursing homes, businesses, public health departments, food service companies and social service agencies.

DID YOU KNOW?

Mount Mary University is a recognized leader in dietetics education in southeastern Wisconsin. Our programs combine the required 1,000 hours of supervised experiential learning with the coursework to prepare you to take the Registration Examination for Dietitians and become a registered dietitian.

Mount Mary grads have exceptional pass rates and score very well on the National Registration Exam. In 2018, Mount Mary celebrated 85 years as a provider of dietetics education.

REGISTERED DIETITIAN EXAM

The Commission on Dietetic Registration administers the Registered Dietitian Exam for those professionals seeking the professional distinction/credential of Registered Dietitian (RD) or Registered Dietitian Nutritionist (RDN).

ACCREDITATION

Mount Mary’s Integrated M.S. in Nutrition & Dietetics and dietetics internship program are accredited by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, STE 2190, Chicago, IL 60606-6995, (800) 877-1600, ext. 5500.



EXAMPLE PLAN

PSYCHOLOGICAL SCIENCE, PRE-DIETETICS (3+2 PROGRAM) | 120 CREDITS

FALL Courses

SPRING Courses

FRESHMAN YEAR			
FYS 100 First Year Seminar	3	ENG 120 College Research Writing	3
ENG 110 Intro to College Writing	4	<i>SOC 101 Introductory Sociology*</i>	3
MAT 111 Algebra II	4	PSY 201 Professional Skills in Psychology	3
BIO 100 Intro to Cell & Molecular Biology	4	BIO 234 Anatomy & Physiology I	4
<i>PSY 103 Introductory Psychology*</i>	3	COM 105 Professional Presentations	3
TOTAL	18 credits	TOTAL	16 credits
SOPHOMORE YEAR			
<i>PSY 250 Intro to Research Methods*</i>	3	Global Perspectives Core	3
PSY Elective	3	PSY 310 Behavioral Science Statistics	4
CHE 113 General Chemistry	4	CHE 206 Organic and Biochemistry	4
DTS 152 The Profession of Dietetics	1	DTS 201 Food Science	3
Theology Course	3	BIO 325 Microbiology	4
TOTAL	14 credits	TOTAL	18 credits
JUNIOR YEAR			
BUS 205 Personal Finance	3	Artistic Inquiry Core	3
DTS 250 Nutrition Principles	4	DTS 354 Applied Nutrition	3
DTS 362 Quantity Food Procurement & Production	4	DTS 465 Community Nutrition	3
PSY Elective	3	PSY Elective	3
Minor/Elective	3	Minor/Elective	3
TOTAL	17 credits	TOTAL	15 credits
SENIOR YEAR			
DTS 505 Advanced Human Nutrition	3	DTS 566 Medical Nutrition Therapy II	4
DTS 520 Management & Leadership	1	DTS 574 Nutrition Research I	2
DTS 564 Medical Nutrition Therapy I	4	DTS 576 Nutrition Communications & Education	2
DTS 575 Counseling Skills	2	Dietetics Elective	3
Dietetics Elective	3		
TOTAL	13 credits	TOTAL	11 credits



UPDATED SEPT. 2026

* Italicized courses meet both a major and Core requirement.

This example plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.