

PSYCHOLOGICAL SCIENCE PRE-OCCUPATIONAL THERAPY SCHOOL OF ARTS & SCIENCES

Students can enroll in one of two specifically designed majors:

Human Biology: Pre-Occupational Therapy (OT) OR

Psychological Science: Pre-Occupational Therapy (OT)

Occupational therapy is a healthcare profession grounded in the biological and psychological sciences. Mount Mary University has developed two Pre OT undergraduate degree majors that provide a clear route to the entry level Occupational Therapy graduate program. Human Biology: Pre-OT and Psychological Science: Pre-OT majors were specially designed for students who have an interest in applying to the professional entry graduate program in occupational therapy and would like a major that is relevant and focused.

Both Human Biology: Pre-OT and Psychological Science: Pre-OT provide the student with a path to complete all prerequisite coursework and build a strong foundation of skills required in the graduate OT program. Each major emphasizes its specific discipline (biology or psychological Science) within the required and elective coursework.

Psychological Science: Pre-Occupational Therapy

The Psychological Science Pre-OT major includes a host of lab and content-based psychological Science courses focused on the functions of the mind, the human experience, and human behavior.

Human Biology: Pre-Occupational Therapy

The Human Biology Pre-OT major incorporates chemistry, physics, and cell level biology into the program, which targets the human elements of anatomy, physiology, and neurobiology.

Students in the Pre-OT majors are invited to attend regularly scheduled advising meetings provided by the OT department during which they receive updates and ongoing guidance in preparation for application to the graduate program.

ENTRANCE TO THE GRADUATE PROGRAM

Students interested in the entry level graduate program in occupational therapy must participate in the application process. Prior to application all prerequisite courses must be completed and additional criteria met (see admission policy for details). Additionally applicants must earn a bachelor's degree prior to beginning the graduate level program. All students who successfully complete courses in a Mount Mary undergraduate program receive a point advantage during the Occupational Therapy Admission Process.

SCHOLARSHIP ASSISTANCE

Did you know? 100% of incoming, full-time undergraduate students receive an academic scholarship or reduced tuition.

LEARN MORE ONLINE

Learn more about the School of Natural and Health Sciences at Mount Mary University at: mtmary.edu/academics



EXAMPLE FOUR-YEAR PLAN **PSYCHOLOGICAL SCIENCE: PRE-OT | 120 CREDITS**

A total of 2 content-based (in addition to PSY 325) and 3 lab-based Psychological Science courses are required for the major.

FALL COURSES

SPRING COURSES

FRESHMAN YEAR			
FYS 100 First Year Seminar	3	ENG 120 College Research Writing	3
ENG 110 Intro to College Writing	4	Civic Engagement Core	3
COM 105 Professional Presentations	3	PSY 201 Professional Skills in Psychology	3
MAT 105 Algebra I	4	BIO 100 Molecular & Cellular Biology	4
<i>PSY 103 Introductory Psychology*</i>	3	MAT 111 Algebra II	4
TOTAL	17 credits	TOTAL	17 credits
SOPHOMORE YEAR			
<i>PSY 250 Intro to Research Methods*</i>	3	Global Perspectives Core	3
BIO 234 Anatomy & Physiology I	4	BIO 235 Anatomy & Physiology II	4
PSY 214 Developmental Psychology	3	PSY 310 Behavioral Science Statistics	4
OCT 101 Orientation to OT	1	PSY Elective	3
Minor/Elective	3	Minor/Elective	3
TOTAL	14 credits	TOTAL	17 credits
JUNIOR YEAR			
BUS 205 Personal Finance	3	Artistic Inquiry Core	3
PSY 325 Psychological Disorders & Mental Health	3	ANT/SOC Elective	3
PHY 201 Physics I	4	OCT 201 Medical Terminology	1
PSY Elective	3	Minor/Elective	3
Minor/Elective	3	Minor/Elective	3
TOTAL	16 credits	TOTAL	13 credits
SENIOR YEAR			
PSY Elective	3	PSY Elective	3
Theology Course	3	Minor/Elective	3
Minor/Elective	3	Minor/Elective	3
Minor/Elective	3	Minor/Elective	3
Minor/Elective	3	Minor/Elective	3
TOTAL	15 credits	TOTAL	15 credits

UPDATED SEPT. 2026

* *Italicized courses meet both a major and Core requirement.*

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.

