

PSYCHOLOGICAL SCIENCE

SCHOOL OF ARTS & SCIENCES

The psychological science major prepares students for work in human services, business, government, mental health helping professions, any area where knowledge of people in the context of their societies is helpful. The skills and knowledge gained through studying psychological science give students a solid foundation to enter the workforce or graduate school.

Psychological Science Programs of Study

BACHELOR OF SCIENCE: Psychological Science majors develop skills in scientific inquiry, effective collaboration and communication, and critical thinking. By learning how to apply psychological principles in various contexts, majors are equipped to transform the world through understanding and analyzing human behavior.

MINOR IN PSYCHOLOGICAL SCIENCE: This minor is an excellent supplement to other curricula and helps students in any major gain a greater understanding of the biological and social basis of behavior and thought, and how psychological principles can be applied to human interaction and multiple aspects of everyday life.

After Graduation

A degree in Psychological Science equips students with a highly marketable set of skills including critical thinking, problem solving, information literacy, adaptability, and teamwork. A background in psychological science promotes success in a wide variety of fields such as:

- Behavioral therapy
- Public health
- Business/human resources
- Nonprofit agencies
- Marketing & user experience

Preparation for Advanced Study

Students seeking careers in the helping professions will typically need at least a master's degree. The Psychological Science program prepares students for success in graduate programs leading to careers in clinical mental health counseling, marriage & family therapy, school counseling, art therapy, experimental psychological science, and more.

Internship Opportunities

Internships are strongly recommended for psychological science students to help clarify career goals and provide valuable practical experience.

Past internship placements for Mount Mary University's psychological science students include:

- Milwaukee Public Schools
- Walker's Point Youth & Family Services
- Milwaukee Women's Center
- Wisconsin Department of Corrections
- Pathfinders Youth Shelter
- Wisconsin Early Autism Project
- Sojourner Family Peace Center
- The Women's Center, Inc., Waukesha

STUDENT RESEARCH

Directed research and research assistantships provide students with opportunities to conduct research with faculty. These opportunities could result in presentation of student work at regional and national conferences and journal publications.

ENRICHMENT OPPORTUNITIES

Opportunities for enrichment outside the classroom include participation in Psi Chi (the international honor society in psychology) and Common Ground. Activities include:

- Professional speakers to share expertise on relevant topics.
- Service learning projects to support underserved populations in Milwaukee.
- Fundraisers to help support community organizations and inner-city schools



EXAMPLE FOUR-YEAR PLAN

PSYCHOLOGICAL SCIENCE | 120 CREDITS

FALL COURSES

SPRING COURSES

FRESHMAN YEAR			
FYS 100 First Year Seminar	3	ENG 120 College Research Writing	3
ENG 110 Intro to College Writing	4	Civic Engagement Core	3
COM 105 Professional Presentations	3	PSY 201 Professional Skills in Psychology	3
MAT 105 Algebra I	4	PSY Elective	3
<i>PSY 103 Introductory Psychology*</i>	3	Minor/Elective	3
TOTAL	17 credits	TOTAL	15 credits
SOPHOMORE YEAR			
<i>PSY 250 Intro to Research Methods*</i>	3	Global Perspectives Core	3
Artistic Inquiry Core	3	PSY 310 Behavioral Science Statistics	4
PSY Elective	3	PSY Elective	3
Minor/Elective	3	Minor/Elective	3
Minor/Elective	3	Minor/Elective	3
TOTAL	15 credits	TOTAL	15 credits
JUNIOR YEAR			
BUS 205 Personal Finance	3	Theology Course	3
PSY 438 Experimental Psychology	3	PSY Elective	3
PSY Elective	3	ANT/SOC Elective	3
Minor/Elective	3	Minor/Elective	3
Minor/Elective	3	Minor/Elective	3
TOTAL	15 credits	TOTAL	15 credits
SENIOR YEAR			
PSY 493 Psychology Capstone Seminar	3	PSY 498 Internship in Psychology	3
PPSY 493 Directed Research	2	PSY Elective	3
Minor/Elective	3	Minor/Elective	3
Minor/Elective	3	Minor/Elective	3
Minor/Elective	3	Minor/Elective	3
TOTAL	14 credits	TOTAL	15 credits

UPDATED SEPT. 2026

* *Italicized courses meet both a major and Core requirement.*

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.

