



# MOUNT MARY UNIVERSITY

# GENERAL STUDIES

## SCHOOL OF ARTS & SCIENCES

**The General studies major is designed for students interested in a broad-based general arts education.** The structure of the major allows the student considerable freedom in choosing her major coursework and allows her to highlight her academic strengths and intellectual interests.

### **An Education for a Lifetime**

*The general studies program is perfect for women who:*

- Are seeking a job that requires a bachelor's degree
- Need a four-year degree for job promotion
- Desire general skill development in reading, writing and critical thinking
- Wish to stimulate their minds and grow intellectually
- Are interested in lifelong learning

A well-rounded general arts education has always been a means for self-exploration, but in today's competitive and constantly changing job market, a bachelor's degree in a broad field like general studies can open new doors to exciting opportunities.

Many students seek a general studies degree to improve their current employment standing. The general studies program offers women the opportunity to complete a bachelor's degree to enhance their chances for job growth and increased earning power. The flexibility of the general studies program gives students the opportunity to explore a variety of disciplinary interests and develop a program of study that highlights their interests and strengths.

But it also does much more. By gaining a strong background in the general arts, general studies students expand their critical thinking skills, broaden their knowledge of the world, grow intellectually and personally, and develop leadership skills.

### **PERSONALIZED ADVISING**

Students seeking to complete a liberal studies degree should go to the Office of Academic Advising and Career Development. Students will then be paired with an appropriate advisor in their primary area of study to complete a fuller degree plan that fits their goals and interests.

### **LEARN MORE ONLINE**

For additional information about Mount Mary's academic programs, visit: [mtmary.edu/academics](https://mtmary.edu/academics)

## Program Requirements

*There are two options for completing a liberal studies major.*

In the first option, the student chooses two distinct liberal arts disciplines; one primary and one secondary, from the following areas of study:

- Art
- Biology
- Chemistry
- Communication
- English
- History
- Math
- Philosophy
- Psychology
- Sociology
- Spanish
- Theology

In the second option, the student chooses two broad-based liberal arts disciplines; one primary and one secondary, from the following areas of study:

- **HUMANITIES**  
Including coursework in communication, English, history, international studies, philosophy, Spanish, and/or theology
- **SOCIAL SCIENCES**  
Including coursework in anthropology, economics, justice, political science, and/or sociology
- **SCIENCES**  
Including coursework in biology, chemistry, mathematics, physics, and/or psychology
- **FINE ARTS**  
Including coursework in art, dance, and/or music

In either option, the student must complete at least 24 credits in her primary discipline and at least 16 credits in her secondary discipline.

## ABOUT MOUNT MARY

Discover what more than 1,300 current undergraduate and graduate students, and 10,000+ alumnae already know: Mount Mary offers an engaging and transformational education that will prepare you for success.

Choose from more than 30 undergraduate majors or nine graduate degree programs.

Courses are offered in day, evening and accelerated formats to fit your busy lifestyle.

Plus, did you know that 100% of incoming, full-time undergraduate students receive a scholarship?



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