

MOUNT MARY UNIVERSITY

PSYCHOLOGICAL SCIENCE

PRE-OCCUPATIONAL THERAPY

SCHOOL OF ARTS & SCIENCES



Students can enroll in one of two specifically designed majors:

Human Biology: Pre-Occupational Therapy (OT)

or

Psychological Science: Pre-Occupational Therapy (OT)

Occupational therapy is a healthcare profession grounded in the biological and psychological sciences. Mount Mary University has developed two Pre-OT undergraduate degree majors that provide a clear route to the entry level Occupational Therapy graduate program. Human Biology: Pre-OT and Psychological Science: Pre-OT majors were specially designed for students who have an interest in applying to the professional entry graduate program in occupational therapy and would like a major that is relevant and focused.

Both Human Biology: Pre-OT and Psychological Science: Pre-OT provide the student with a path to complete all prerequisite coursework and build a strong foundation of skills required in the graduate OT program. Each major emphasizes its specific discipline (biology or psychological Science) within the required and elective coursework.

Psychological Science: Pre-Occupational Therapy

The Psychological Science Pre-OT major includes a host of lab and content-based psychological Science courses focused on the functions of the mind, the human experience, and human behavior.

Human Biology: Pre-Occupational Therapy

The Human Biology Pre-OT major incorporates chemistry, physics, and cell level biology into the program, which targets the human elements of anatomy, physiology, and neurobiology.

Students in the Pre-OT majors are invited to attend regularly scheduled advising meetings provided by the OT department during which they receive updates and ongoing guidance in preparation for application to the graduate program.

ENTRANCE TO THE GRADUATE PROGRAM

Students interested in the entry level graduate program in occupational therapy must participate in the application process. Prior to application all prerequisite courses must be completed and additional criteria met (see admission policy for details). Additionally applicants must earn a bachelor's degree prior to beginning the graduate level program. All students who successfully complete courses in a Mount Mary undergraduate program receive a point advantage during the Occupational Therapy Admission Process.

SCHOLARSHIP ASSISTANCE

Did you know? 100% of incoming, full-time undergraduate students receive an academic scholarship or reduced tuition.

LEARN MORE ONLINE

Learn more about the School of Natural and Health Sciences at Mount Mary University at: mtmary.edu/academics

EXAMPLE FOUR-YEAR PLAN

PSYCHOLOGICAL SCIENCE: PRE-OT | 120 CREDITS

MAJOR	CORE	ELECTIVES	PREREQUISITE COURSES
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A total of 2 content-based (in addition to PSY 325) and 3 lab-based Psychological Science courses are required for the major.

FRESHMAN YEAR			
FALL Courses		SPRING Courses	
ENG 110 or ENG 120 (depending on placement)	3	PSY 214 Developmental Psychology	4
BIO 100 Intro to Cell and Molecular Biology	4	History	4
First Year Seminar	3	College Level Math	4
PSY 103 Introductory Psychology	4	ENG 120 College Research Writing (if needed)	4
		OCT 101 Orientation to Occupational Therapy	1
	TOTAL	TOTAL	
	10 credits		17 credits
SOPHOMORE YEAR			
FALL Courses		SPRING Courses	
ANT 102 Anthropology or SOC 101 Sociology	4	Philosophy	3
Core	4	Literature	3
BIO 234 Anatomy & Physiology I	4	COM 205 Professional Business Presentations	3
PSY 325 Psychopathology	3	PHY 201 Physics I	4
OCT 201 Medical Terminology	1	BIO 234 Anatomy & Physiology II	4
	TOTAL	TOTAL	
	16 credits		17 credits
JUNIOR YEAR			
FALL Courses		SPRING Courses	
Theology	4	Literature or Fine Arts Option	3
Fine Arts	3	Elective or Minor	4
World Language	3	Lab-based or content-based Psych elective	3
PSY 310 Behavioral Science Statistics	3	Lab-based or content-based Psych elective	4
PSY 250 Research Methods	3		
	TOTAL	TOTAL	
	16 credits		14 credits
SENIOR YEAR			
FALL Courses		SPRING Courses	
Lab-based or content-based Psych elective	4	Lab-based or content-based Psych elective	4
Lab-based or content-based Psych elective	4	Lab-based or content-based Psych elective	4
Elective Course	3	Elective Course	3
Elective Course	3	Elective Course	3
		Elective Course	3
	TOTAL	TOTAL	
	14 credits		15 credits

UPDATED OCTOBER 2024

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.



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