

# Graduate Footing

C E R E M O N Y

*Friday, May 15, 2026*  
*4 p.m.*

Mount Mary University  
Bloechl Center



SCAN FOR DIGITAL PROGRAM ▶



# MOUNT MARY UNIVERSITY

# GRADUATE HOODING CEREMONY

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<b>PROCESSIONAL</b>	<b>Joe Dusick</b> Pianist
<b>OPENING OF THE GRADUATE HOODING CEREMONY</b>	<b>Karen E. Friedlen, Ph.D.</b> Vice President for Academic Affairs
<b>LAND ACKNOWLEDGMENT</b>	<b>Andrea Stapleton, Ph.D.</b> Vice President for Mission and Justice
<b>INVOCATION PRAYER</b>	<b>Ivana Milagros Torres</b>   May 2026 Master of Social Work
<b>PRESENTATION OF DOCTORAL &amp; GRADUATE STUDENTS FOR THE SCHOOL OF GRADUATE HEALTH &amp; PROFESSIONAL PROGRAMS AND SCHOOL OF ARTS &amp; SCIENCE</b>	<b>Cheryl Bailey, Ph.D.</b> Dean
<b>CONGRATULATORY REMARKS</b>	<b>Isabelle Cherney, Ph.D.</b> President, Mount Mary University
<b>CLOSING</b>	<b>Karen E. Friedlen, Ph.D.</b> Vice President for Academic Affairs
<b>RECESSIONAL</b>	<b>Joe Dusick</b> Pianist

Spanish Translation provided by Vanessa Varela Morales, Ph.D.

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## WELCOME!

The Hooding Ceremony is a special recognition of distinction for commencing graduate program students that includes program faculty placing their hood over academic regalia. Master's Thesis, Culminating Project and/or Dissertation titles will be read as they cross the stage, if applicable.

## DOCTOR OF PHILOSOPHY IN COUNSELOR EDUCATION AND SUPERVISION

HOODING: DR. MARION TOSCANO

**Dawn Joan Fulsom**

*Is Grit Enough? Examining the Role of Self-Compassion in Predicting Resilience and Emotional Distress in Career Firefighters*

**Lakesha Lee Jones**

*Do as I Say, Not as I Do: A Qualitative Exploration of Counselor's Wellness Practices*

**Amanda Elaine Long**

*Exploring the Essence of Validation when Race is Broached*

**Tanszar A. Veal**

*Exploring the Psychological Impact of Birth Order: A Qualitative Study of Firstborns in Midlife*

## PROFESSIONAL DOCTORATE IN OCCUPATIONAL THERAPY – PROFESSIONAL ENTRY

HOODING: DR. STEPHANIE BEISBIER AND DR. KELLY STAPLEMAN

**Cassidy Rae Christman**

*Promoting Self-Determination and Leadership Strategies in Neurodivergent Young Adults to Enhance Independence*

**Jessica Meissner**

*Increasing Prosocial Behaviors and School Readiness in Children Enrolled in Early Head Start Through Intergenerational Play*

**Samantha Ruth Rice**

*Parent With Nature: Supporting Positive Development in Children Ages 5 And Under Through Nature-Based Play*

**Anna Renee Hom Skrzypchak**

*Enhancing Emotional Regulation Skills in Foster Children Through a Curated Resource Toolkit*

**Gabriella Jo Visser**

*Play-Based Social-Emotional Learning for Children to Improve School Readiness*

**Kylie Wallace**

*Psychoeducational Strategies for Caregivers of Children with Disabilities to Enhance Well-Being*

**Johanna Nicole Zielinski**

*Aging with PURPOSE: A Wellness Series to Enhance Mental Health and Quality of Life in Older Adults*

## MASTER OF ARTS IN EDUCATION

HOODING: DR. DEBRA DOSEMAGAN AND MONIKA SUTHERLAND, GREAT LAKES WALDORF INSTITUTE

**Huda Al Hinnawi (Waldorf)**

*Integrating a World Language (Arabic) into Waldorf Education and Curriculum*

**Elizabeth Starbuck Armstrong (Waldorf)**

*Integrative Movement as a Foundation for Development: Insights from a Waldorf Kindergarten.*

**Natasha Bashir (Waldorf)**

*Reimagining Tradition: Integrating Diversity into Waldorf Pedagogy.*

**Ashley Louise Bloczynski (Waldorf)**

*Windows to the World and Mirrors to the Self: Exploring Influences on Children's Drawings in a Waldorf School*

**Naomi Megan Cyrus (Waldorf)**

*Foundations for Learning: Investigating Waldorf Extra Lesson Methods Beyond the Waldorf Setting.*

**Cristina de la Peña (Waldorf)**

*Building Positive Learning Experiences: Understanding and Supporting Attention, Self-Regulation, and Engagement in the Early Childhood Classroom*

**Casey James Doucette**

*Instructional Supports That Matter: The Effects of Graphic Organizers and Technology on 5th Grade Students with Individual Education Programs*

**Thomas Heywood**

*The Impact of Independent Inquiry Based Strategies on Deepening Learning of Social Studies Concepts*

**Candacee Johnson**

*Harambee "Let's Pull Together": Preparing for Community Engagement – Collaborative Learning in Middle School Social Studies*

**Julia Kendall Voight (Waldorf)**

*Children's Behavior, Self-Talk, and Artistic Work Over Five Consecutive Days of Repeated Activity in an After-School Program*

**MASTER OF SCIENCE IN ART THERAPY WITH AN EMPHASIS IN COUNSELING**

HOODING: DR. HEATHER LEIGH AND DR. CHRISTOPHER BELKOFER

**Kathryn Jane Brophy**

*The Use of Ritual: Supporting Therapist's Self-Care to Increase Therapeutic Attunement*

**Jodi Lyn Brown**

*Dialogues of Well-Being: How Art Therapists Can Inform Sustainable Museum Practices*

**Elisabeth Corona**

*Embracing the Unfamiliar: A Study of Novelty in Art Therapy*

**Terry D Couch**

*Employing Art Making as a Therapeutic Tool for Treating Prolonged Grief*

**Anyana Monae Frazier**

*Art Therapy as a Treatment Intervention for Emotional Dysregulation in Individuals with Adjustment Disorder*

**Olivia Giorgio**

*Therapeutic Implications for Fandom Creative Outlets such as Fan Art, Cosplay, and Fan Fiction*

**Madeline Glaspey**

*Using Repetitive Bilateral Art Processes to Treat Symptoms of Post-Traumatic Stress*

**Grace Kathleen Griffith**

*Art Therapy and Music Therapy Co-Treatment to Reduce Agitation in Memory Care Residents*

**Chloe Haapala**

*Halloween Imagery as Ritual, Symbolic Language, and Identity Exploration*

**Holly Hanrahan**

*Response Art and Clinician Awareness of Unconscious Defense Mechanisms*

**Amy Schoofs-Rahne**

*I Have No Mouth, but I Am Screaming: Art Therapy to Integrate Verbal and Nonverbal Mental Systems*

**Hannah Louise Walz**

*Art Therapy Used to Support Substance Abuse Counselors Dealing with Grief and Burnout*

**MASTER OF SCIENCE IN DIETETICS**

HOODING: DR. DANA SCHEUNEMANN, MEAGAN GIBSON, AND DR. STEPHANIE RUPP

**Elizabeth M. Arnold**

*Impact of Automated Insulin Delivery Systems on Glycemic Control throughout the Menstrual Cycle among Female Certified Diabetes Care and Education Specialists with Type 1 Diabetes*

**Lauren K Ascher**

*A Grant Proposal: Implications of the Use of Donor Breast Milk on Growth and Gastrointestinal Tolerance in Children Under Two Years Old After Congenital Heart Defect Correction Surgery*

**Sandra Itzel Contreras**

*A Grant Proposal: The Impact of Acculturation on Enteral Nutrition Outcomes for Hospitalized Hispanic/Latino Patients*

**Jessica Elizabeth Gawrys**

*A Grant Proposal: Assessment of Omega-3 Intake and Serum Status on Preeclampsia Incidence in High-Risk Women*

**Ava Marie Govek**

*A Grant Proposal: The Effects of Antioxidants on Multiple Sclerosis*

**Marissa Johnson**

*A Grant Proposal: The Experience of Urban Native Americans with Type 2 Diabetes Participating in Communal Dining that Incorporates Traditional Foodways*

**Lillian E. Nogalski**

*A Grant Proposal: A Qualitative Investigation into Building a Community Garden for a Senior Living Community*

**Isabella Marie Polaske**

*A Grant Proposal: The Effect of Diet on Anxiety in Older Adults*

**Sarah Ann Sobel**

*A Grant Proposal: The Impact of Living in a Food Desert on Colorectal Cancer*

**Angelica Katherine Zuckert**

*A Grant Proposal: Examining the Effects of Ultra-Processed Food Consumption on Cortisol Levels, Stress Regulation, and Depression in Adult Women*

## MASTER OF SCIENCE IN FOOD SCIENCE

HOODING: DR. ANNE VRAVICK

### Olivia Lorraine Decker

*Creating a Competitive Product in an Evolving Food Environment: Synthesizing Business Strategy and Evidence-Based Product Development*

### Michelle Ann Messling

*The Senior Table: Creating a Rotating Educational Series on Emerging Food Science Topics for Older Adults*

### Brittany Jo Orlinski

*Food Safety Assessment and Improvement Plan for Plant-Rich Frozen Meals*

### Hannah Louise Parkhurst

*Impacts of Fava and Pea Protein Isolates in Plant-Based Cheese Alternatives*

### Gina Roethle

*Comparative Shelf-Life and Microbial Stability of Elderberry Syrups Formulated with Four Sweetener Systems at Three Inclusion Levels*

## MASTER OF SCIENCE IN OCCUPATIONAL THERAPY – POST PROFESSIONAL

HOODING: DR. KARI INDA AND DR. MITCHELL VOSS

Susan Beauregard

Sherilyn Sue Bowers

Chrizel Joy Custodio

Tampos

Denise K. Garrett

Nicole Elise Holmes

Lydia Mitchell Kaufman

Jenifer Marie Kielbasa

Kristina Marie Lyman

Kami J. Miller

Annika Schibstad Nielsen

Sheri Burell Nishimura

Rochelle Denise Norman

Kristin J Paradise

Kristin Lynae Schmidt

Kimberly R. Sobiech

Carolyn Strate

Brenda R Ziegler

Sharon Lynn Wagener

Zimpfer

Erin Zink

## MASTER OF SCIENCE IN PROFESSIONAL COUNSELING

HOODING: DR. CARRIE KING AND DR. TAMMY SCHEIDEGGER

*Specialization in Clinical Mental Health:*

Sydney C. Aruta

Jaylah Batemon

Bianca Marie Bisciglia

Suzanne L. Breslow

Skyler Brusky

Biridiana Canseco

David Comer Jr.

Ryan James Creevy

Alesha Evet Daniels

Audrey Eshleman-Head

Brenna Michelle

Gonderman

Peter Joseph Governali

Natalie J. Hameister

Calista Howard

Tori Rose Knueppel

Draza Raven Kolpack

Payton Isabella Rens

Leutner

Emma Lewis

Allyson Claire Lilly

Grace Mae Lindemann

Lauren Lopez

Colleen June Matthys

Sage Cheyenne McCormick

Bridie Ann Mooney

Hiba Mousa

Emmaline Katherine

Mueller

Tran Phuong Nguyen

Paige Rain Palmisano

Diana Perez Ruiz

Britt Anya Ramos

Avina Laree Richards

Megan Alissa Shupe

Payton Jayde Sigafus

Sophia Lindsay Smetana

Wagner

A'vion Solis-Mckinney

Chien Binh Nho Son

Nicholas Matthew Stolz

Katia Nayeli Sustayta Castro

Danielle Marie Theisen

Kari M. Turner

*Specialization in School Counseling:*

Millicent Achieng Oduor                      Ella Taylor  
Joselena Anne Ortiz                         Yee Leng Yang  
Shada R. Richardson

**MASTER OF SOCIAL WORK**

HOODING: DR. SARAH HESSENAUER-BLADORN AND MELINDA KILTZ

*Specialization in Children and Family:*

Jasmine Latrice Bell  
Juliet Jaramillo  
Alicia J Avery Scott

*Specialization in Clinical:*

Alexandria Samone Harris                 Sarah Weiland  
Stacey Manuel                                 Delia Jolene Williams  
Zoë Penczykowski                         Aniyah Shavon Williams  
Atiya Muhammad                             Tiffany C Winters  
Ivana Milagros Torres

**POST MASTER'S CERTIFICATE IN CLINICAL MENTAL HEALTH**

HOODING: DR. CARRIE KING AND DR. TAMMY SCHEIDEGGER

Cynthia Marah Nation

**HOOD TRIM**

Arts, Letters and Humanities: White  
Business:                      Drab  
Counseling:                    Royal Blue  
Dietetics:                     Golden Yellow  
Education:                    Light Blue  
Fine Arts:                     Brown

Journalism:                    Crimson  
Nursing:                      Apricot  
Occupational Therapy:       Slate Blue  
Philosophy:                   Dark Blue  
Science:                      Golden Yellow  
Social Work:                   Citron  
Theology:                     Scarlet

**THIS PROGRAM IS NOT AN OFFICIAL GRADUATION LIST:** While every effort is made to ensure accuracy in this commencement program, printing deadlines may result in omission of some names and use of names of persons not completing graduation requirements as intended. This printed program, therefore, should not be used to determine a student's academic or degree status. Mount Mary University Office of the Registrar manages all official student academic documentation.

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