

<b>MAJOR</b>	<b>CORE</b>	<b>ELECTIVES</b>
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\* A total of 3 Content-based and 3 Lab-Based psychology courses are required for the major. \*\* PSY394 Research Assistantship and PSY396 are optional.

FRESHMAN YEAR			
FALL Courses		SPRING Courses	
PSY 103 Introductory Psychology	4	PSY 214 Developmental Psychology	4
PSY 200 Introduction to Careers in Psychology	1	SOC 101 Introductory Sociology	3
Core Credits	3	Core Credits	3
Core Credits	3	Core Credits	3
Core Credits	3	Core Credits	3
<b>TOTAL</b>	14 credits	<b>TOTAL</b>	16 credits
SOPHOMORE YEAR			
FALL Courses		SPRING Courses	
PSY 310 Behavioral Science Statistics	4	PSY 438 Experimental Psychology	4
1 Content or Lab-based Psych Course	4	1 Content or Lab-based Psych Course	4
Core Credits	3	Core Credits	3
Elective Course	3	Core Credits	3
Elective Course	2		
<b>TOTAL</b>	16 credits	<b>TOTAL</b>	14 credits
JUNIOR YEAR			
FALL Courses		SPRING Courses	
1 Content or Lab-based Psych Course	4	1 Content or Lab-based Psych Course	4
1 Content or Lab-based Psych Course	4	1 Content or Lab-based Psych Course	4
Core Credits	3	Core Credits	3
Core Credits	3	Core Credits	4
<b>TOTAL</b>	14 credits	<b>TOTAL</b>	15 credits
SENIOR YEAR			
FALL Courses		SPRING Courses	
PSY 394 Research Assistantship or PSY 397 Directed Research - Optional**	1 to 4	PSY493 Psych Capstone Seminar	3
Elective Course	3	PSY 394 or 397 - Optional**	1 to 4
Elective Course	3	Elective Course	3
Elective Course	3	Elective Course	3
Elective Course	3	Elective Course	2
<b>TOTAL</b>	16 credits	<b>TOTAL</b>	15 credits

**UPDATED MAY 2020**

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.



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# PSYCHOLOGY

## SCHOOL OF NATURAL & HEALTH SCIENCES AND EDUCATION



The psychology major prepares students for work in social and human services, business, government, mental health fields — and in almost any area where knowledge of people in the context of their societies is helpful. The skills and knowledge gained through studying psychology give students a solid background to enter the workforce or prepare for graduate study.

### Psychology Programs of Study

**BACHELOR OF ARTS IN PSYCHOLOGY:** Engages students in scientific study of the origins, systems and applications of behavior and thought. Students explore the biological basis of behavior and thought and the role of experience in shaping unique characteristics of individuals and groups.

**BACHELOR OF ARTS IN PSYCHOLOGY: PRE-OCCUPATIONAL THERAPY CONCENTRATION:** Students interested in pursuing a doctoral degree in occupational therapy are able to fulfill all the prerequisites for admission to the program and earn a B.A. in psychology through completion of the pre-occupational therapy concentration in the psychology department. Specific minimum grade requirements exist for some prerequisite courses.

**MINOR IN PSYCHOLOGY:** This minor is an excellent supplement to other curricula and helps students in any major gain a greater understanding of the biological and social basis of behavior and thought, and how psychological principles can be applied to human interaction and multiple aspects of everyday life.

### Prepared for Advanced Study

Students seeking careers as professional psychologists will require advanced degrees. With advanced study, many additional career options are available including:

- Clinical psychologist
- Experimental psychologist
- Forensic psychologist
- Lawyer
- Mediator
- Mental health counselor
- Neuropsychologist
- Physician
- School or rehabilitation counselor
- Urban planner

### Internship Opportunities

Internships are strongly recommended for psychology students to help clarify career goals and provide valuable practical experience. Internships vary from one to four credits per semester and require two and a half hours per week in the field for each credit.

*Past internship placements for Mount Mary University's psychology students include:*

- Milwaukee Public Schools
- Milwaukee Women's Center
- Pathfinders Youth Shelter
- Sojourner Family Peace Center
- Walker's Point Youth & Family Services
- Wisconsin Department of Corrections
- Wisconsin Early Autism Project
- The Women's Center, Inc., Waukesha

### STUDENT RESEARCH

Directed research and research assistantships provide students with opportunities to conduct research with faculty. These opportunities could result in presentation of student work at regional and national conferences and journal publications.

### ENRICHMENT OPPORTUNITIES

Opportunities for enrichment outside the classroom include participation in Psi Chi (the international honor society in psychology) and Common Ground. Activities include:

- Professional speakers to share expertise on relevant topics.
- Service learning projects to support underserved populations in Milwaukee.
- Fundraisers to help support community organizations and inner-city schools

