# **EXAMPLE FOUR-YEAR PLAN**



MAJOR CORE ELECTIVES
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FRESHMAN YEAR				
FALL Courses		SPRING Courses		
SYM 110 Leadership for Social Justice	3	ANT 102 Cultural Anthropology	4	
ENG 110 or ENG 120 (depending on placement)	3	PSY 103 Introductory Psychology	4	
College Level Math	3	Oral Communications	2	
SOC 101 Introductory Sociology	4	Elective Course or ENG 120 (if needed)	3	
Elective Course	3	Literature/Fine Arts Option	3	
TOTAL	16 credits	TOTAL	16 credits	
SOPHOMORE YEAR				
FALL Courses		SPRING Courses		
World Languages	3	Philosophy/Theology	3	
SEA 101 Search for Meaning	4	History	3	
SOC 201 Social Problems	3	Literature/Fine Arts Option	3	
SOC 220 Conflict Transformation	3	Sociology Elective	3	
Elective Course	2	Sociology Elective	3	
TOTAL	15 credits	TOTAL	15 credits	
JUNIOR YEAR				
FALL Courses		SPRING Courses		
Sciences	3	Global Course	3	
Literature/Fine Arts Option	3	PSY 310 Behavioral Science Statistics	3	
Theology/Philosophy	3	SOC 497 Conflict Mediation	3	
Sociology Elective	3	Humanistics Option	3	
Elective Course	3	Elective Course	3	
TOTAL	15 credits	TOTAL	15 credits	
SENIOR YEAR				
FALL Courses		SPRING Courses		
Sociology Elective	3	SOC 398 Internship	4	
Elective Course	3	Elective Course	3	
Elective Course	3	Elective Course	3	
Elective Course	3	Elective Course	3	
Elective Course	3	Elective Course	2	
TOTAL	15 credits	TOTAL	15 credits	

### **UPDATED MAY 2020**

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.



## MOUNT MARY UNIVERSITY

# SOCIOLOGY

# SCHOOL OF HUMANITIES, SOCIAL SCIENCES & INTERDISCIPLINARY STUDIES

Many neighborhoods and communities are struggling to be safe, productive, pleasant places to live and work. Mount Mary's sociology program provides students with the knowledge and skills to critically analyze the social structures, institutions and cultural attributes that make a community successful. We want our students to be effective leaders of organizations that are characterized by diversity. The sociology program helps students understand how social systems work and affect lives of individuals and families locally and around the world. Students learn to understand social issues and how to work toward social justice.

# **Programs of Study**

**BACHELOR OF ARTS IN SOCIOLOGY:** Provides students with an understanding of culture and society and the skills to work towards more just and equitable communities — at local, national and global levels.

**PEACEBUILDING CERTIFICATE**: Students are prepared to transform conflict from a negative experience into a positive and constructive situation. Students collaborate with community organizations that work towards peaceful solutions and engage in service learning to enhance their skills. Mediation training prepares students for national certification in mediation. The Peacebuilding Certificate is offered through Mount Mary's International Studies Department.

**MINOR IN ANTHROPOLOGY/SOCIOLOGY:** This minor complements many professions and disciplines by providing a deeper understanding of how culture and society affect everyone's lives. As globalization continues, it is important to understand the social structures and perspectives of all human groups.

# **Campus Organizations and Enrichment Opportunities**

Opportunities for enrichment outside the classroom include participation in Alpha Kappa Delta (the International Sociology Honor Society) and the Shalom Club (a student organization focused on peace and environmental topics). Students also often present papers at the Wisconsin Institute for Peace and Conflict Studies annual meeting.

The sociology department is a strong supporter of study abroad programs. All of the sociology professors have taken students on study abroad experiences. Students are strongly encouraged to take advantage of opportunities to learn how other cultures and societies view the world.

The sociology department also awards a number of departmental scholarships each year to dedicated students.

# CAREER OPPORTUNITIES

Recent graduates have either gone on to graduate school (40%) or obtained a job working for a nonprofit organization (60%).

- Those going on to graduate school have pursued a master's in either counseling or nonprofit management.
- In the past three years, students have obtained jobs at Interfaith Older Adult Programs, Goodwill, Boys & Girls Club, COA Youth & Family Centers, Rent-A-Daughter and the Hispanic Chamber of Commerce.

#### **INTERNSHIPS**

Students must do at least one internship that has a "value-added" feature to it. For example, through their internships, students have created new programs for the Boys & Girls Club, assisted agencies with program evaluations and helped organizations find grants.

Recent internship placements for sociology students include:

- Goodwill
- Kyle's Korner
- Milwaukee Achiever Literacy Services
- Milwaukee Women's Center
- Pathfinder Youth Shelter
- Urban Ecology Center
- · Walnut Way

