

EXAMPLE FOUR-YEAR PLAN

ART THERAPY | 120 CREDITS

MAJOR

CORE

ELECTIVES

FRESHMAN YEAR

FALL Courses		SPRING Courses	
ART 101 (fa) Drawing	3	ART 105 (fa) 2D Design and Color Theory	3
ATH 250 Responding to Life's Calling	1	MAT 104 or 105	3
ENG 110 or 120 (depending on placement)	3	PSY 103 (bes) Introductory Psychology	4
ENG 111 College Writing Workshop	1	ENG 120 College Research Writing (if needed)	3
Core World Languages	3	COM 104 Public Speaking	2
SYM 110 Leadership for Social Justice Seminar	3		
TOTAL	14 credits	TOTAL	15 credits

SOPHOMORE YEAR

FALL Courses		SPRING Courses	
SEA 101 Search for Meaning	4	COM 235 (cm) Intercultural Communication	3
COM 231 (cm) Interpersonal Communication	3	ATH 332 (g) Multicultural Arts	3
Core Science	3	ATH 375 Special Topics	1
ATH 201 Intro to Art Therapy	3	ART 205 (fa) Ceramics	3
ART 220 (fa) 3D Design	3	PSY 214 (bes) Developmental Psych	4
		PED 239/240 Yoga	2
TOTAL	16 credits	TOTAL	16 credits

JUNIOR YEAR

FALL Courses		SPRING Courses	
Core Philosophy	3	Core Theology	3
ART 231 or 236 Art History	3	ART 226 (fa) Painting	3
Art Elective	3	ART 232 or 320 Art History	3
ATH 350 Art & Spirituality	3	ATH 345 Service Learning	2
PSY 325 Psychopathology	4	PSY 310 Behavioral Science Stats	4
TOTAL	16 credits	TOTAL	16 credits

SENIOR YEAR

FALL Courses		SPRING Courses	
Core Literature	3	Core History	3
Elective	3	Elective	3
SWK/SOC 210 (bes) Gender, Race and Class	3	SOC 220 Conflict Transformation & Peace-Building	3
PED 260 Navigate Modern Wellness	2	ATH 397 Creative Community Development	3
ATH 375 Special Topics	1	ATH 375 Special Topics	1
ATH 497 Professional Development in ATH	1	ATH 498 Senior Capstone	1
ATH 495 Internship	1		
TOTAL	14 credits	TOTAL	14 credits

UPDATED August 2022

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.



Sponsored by the School Sisters of Notre Dame

MOUNT MARY UNIVERSITY

ART THERAPY

SCHOOL OF NATURAL & HEALTH SCIENCES AND EDUCATION



Art therapy is a human service profession that uses the creative process of art making to help individuals, groups and communities learn about themselves, express feelings and communicate with one another. Registered art therapists serve a wide variety of populations and settings such as psychiatric and medical facilities, veterans groups, elder and dementia care, children in after-school programs and group homes.

The art therapy programs at Mount Mary represent a long history of commitment to art therapy education. As one of Wisconsin's first art therapy programs beginning over forty years ago, Mount Mary offers both undergraduate and graduate art therapy programs. This creates a vibrant and rich learning community that intersects through course electives, our Student Art Therapy Association and the annual Art Therapy Spring Symposium*, which draws students and professionals from all around the Midwest.

**Note, the Spring Symposium will not be held this academic year.*

The undergraduate art therapy program supports Mount Mary's commitment to social justice. Through the art made in every class and the relationships built through class discussion, experiential learning and service, students become members of a creative community and compassionate, creative leaders. Interdisciplinary coursework in studio arts, behavioral science and communication provides a strong academic foundation and offers options for electives that add courses of individualized interest.

The depth of Milwaukee's professional art therapy community offers students unique opportunities to learn from art therapists sharing their expertise in special topics classes and through internships. Study abroad and self-directed senior capstone projects expand student's understanding of diverse perspectives.

Is This Program Right for You?

Do you love art? Do you want to make a difference in the world? Whether you are a painter, a sculptor, an actor, a poet, an activist or still questioning who you are, the art therapy program at Mount Mary University will help you develop the capacity to respond with creativity and compassion and to understand how making art together builds community and works for social change.

Mount Mary's art therapy programs are nationally recognized for their quality and leadership in art-based art therapy education. The Master of Science degree in art therapy is targeted to both the working professional and the full-time student.

SCHOLARSHIP ASSISTANCE

Did you know? 100% of incoming, full-time undergraduate students receive an academic scholarship or reduced tuition.

LEARN MORE ONLINE

Learn more about the School of Natural & Health Sciences and Education at Mount Mary University at: mtmary.edu/academics

