

MAJOR	CORE	ELECTIVES
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FRESHMAN YEAR

FALL Courses		SPRING Courses	
ENG 110 or 120 (depending on placement)	3	SEA 101 Search for Meaning	4
BIO 100 Intro to Cell and Molecular Biology	4	History	4
SYM 110 Leadership for Social Justice	3	College Level Math	4
World Language	3	ENG 120 College Research Writing (if needed)	3
PSY 103 Introductory Psychology	4	OCT 101 Orientation to Occupational Therapy	1
TOTAL	17 credits	TOTAL	16 credits

SOPHOMORE YEAR

FALL Courses		SPRING Courses	
ANT 102 Anthropology or SOC 101 Sociology	4	Philosophy	3
PSY 214 Developmental Psychology	4	Literature	3
BIO 212 Human Physiology	4	COM 205 Professional Business Presentations	3
Theology	3	PHY 105 Foundations of Physical Science	3
OCT 201 Medical Terminology	1	BIO 211 Human Anatomy	4
TOTAL	16 credits	TOTAL	16 credits

JUNIOR YEAR

FALL Courses		SPRING Courses	
PSY 325 Psychopathology	4	Literature or Fine Arts Option	3
Fine Arts	3	BIO 250 Cell Biology	3
World Language	3	Global Course	4
CHE 113 General Chemistry	4	Elective or Minor	2
Human Neurobiology	2	Elective or Minor	2
TOTAL	16 credits	TOTAL	14 credits

SENIOR YEAR

FALL Courses		SPRING Courses	
PSY 310 Behavioral Science Statistics	4	BIO 411 Exercise Physiology	3
BIO 356 Developmental Biology	4	Elective or Minor	4
Elective or Minor	4	Elective or Minor	3
		Elective or Minor	3
TOTAL	12 credits	TOTAL	13 credits

UPDATED NOV. 2019

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.



Sponsored by the School Sisters of Notre Dame

HUMAN BIOLOGY: PRE-OCCUPATIONAL THERAPY

SCHOOL OF NATURAL & HEALTH SCIENCES & EDUCATION



Students can enroll in one of two specifically designed majors:

Human Biology: Pre-Occupational Therapy (OT)

or

Psychology: Pre-Occupational Therapy (OT)

Occupational therapy is a healthcare profession grounded in the biological and psychological sciences. Mount Mary University has developed two Pre-OT undergraduate degree majors that provide a clear route to the entry level Occupational Therapy graduate program. Human Biology: Pre-OT and Psychology: Pre-OT majors were specially designed for students who have an interest in applying to the professional entry graduate program in occupational therapy and would like a major that is relevant and focused.

Both Human Biology: Pre-OT and Psychology: Pre-OT provide the student with a path to complete all prerequisite coursework and build a strong foundation of skills required in the graduate OT program. Each major emphasizes its specific discipline (biology or psychology) within the required and elective coursework.

Psychology: Pre-Occupational Therapy

The Psychology Pre-OT major includes a host of lab and content-based psychology courses focused on the functions of the mind, the human experience, and human behavior.

Human Biology: Pre-Occupational Therapy

The Human Biology Pre-OT major incorporates chemistry, physics, and cell level biology into the program, which targets the human elements of anatomy, physiology, and neurobiology.

Students in the Pre-OT majors are invited to attend regularly scheduled advising meetings provided by the OT department during which they receive updates and ongoing guidance in preparation for application to the graduate program.

ENTRANCE TO THE GRADUATE PROGRAM

Students interested in the entry level graduate program in occupational therapy must participate in the application process. Prior to application all prerequisite courses must be completed and additional criteria met (see admission policy for details). Additionally applicants must earn a bachelor's degree prior to beginning the graduate level program. All students who successfully complete courses in a Mount Mary undergraduate program receive a point advantage during the Occupational Therapy Admission Process.

SCHOLARSHIP ASSISTANCE

Did you know? 100% of incoming, full-time undergraduate students receive an academic scholarship or reduced tuition.

LEARN MORE ONLINE

Learn more about the School of Natural and Health Sciences at Mount Mary University at: mtmary.edu/academics

