

# PSYCHOLOGICAL SCIENCE

## SCHOOL OF ARTS & SCIENCES

The psychological science major prepares students for work in human services, business, government, mental health helping professions, any area where knowledge of people in the context of their societies is helpful. The skills and knowledge gained through studying psychological science give students a solid foundation to enter the workforce or graduate school.

### Psychological Science Programs of Study

**BACHELOR OF SCIENCE:** Psychological Science majors develop skills in scientific inquiry, effective collaboration and communication, and critical thinking. By learning how to apply psychological principles in various contexts, majors are equipped to transform the world through understanding and analyzing human behavior.

**MINOR IN PSYCHOLOGICAL SCIENCE:** This minor is an excellent supplement to other curricula and helps students in any major gain a greater understanding of the biological and social basis of behavior and thought, and how psychological principles can be applied to human interaction and multiple aspects of everyday life.

### After Graduation

A degree in Psychological Science equips students with a highly marketable set of skills including critical thinking, problem solving, information literacy, adaptability, and teamwork. A background in psychological science promotes success in a wide variety of fields such as:

- behavioral therapy
- public health
- business/human resources
- nonprofit agencies
- marketing & user experience

### Preparation for Advanced Study

Students seeking careers in the helping professions will typically need at least a master's degree. The Psychological Science program prepares students for success in graduate programs leading to careers in clinical mental health counseling, marriage & family therapy, school counseling, art therapy, experimental psychological science, and more.

### Internship Opportunities

Internships are strongly recommended for psychological science students to help clarify career goals and provide valuable practical experience.

*Past internship placements for Mount Mary University's psychological science students include:*

- Milwaukee Public Schools
- Milwaukee Women's Center
- Pathfinders Youth Shelter
- Sojourner Family Peace Center
- Walker's Point Youth & Family Services
- Wisconsin Department of Corrections
- Wisconsin Early Autism Project
- The Women's Center, Inc., Waukesha

### STUDENT RESEARCH

Directed research and research assistantships provide students with opportunities to conduct research with faculty. These opportunities could result in presentation of student work at regional and national conferences and journal publications.

### ENRICHMENT OPPORTUNITIES

Opportunities for enrichment outside the classroom include participation in Psi Chi (the international honor society in psychology) and Common Ground. Activities include:

- Professional speakers to share expertise on relevant topics.
- Service learning projects to support underserved populations in Milwaukee.
- Fundraisers to help support community organizations and inner-city schools

MAJOR	CORE	ELECTIVES
-------	------	-----------

\* A total of 3 Content-based and 3 Lab-Based Psychological Science courses are required for the major. \*\* PSY394 Research Assistantship and PSY396 are optional.

FRESHMAN YEAR				
<b>FALL Courses</b>			<b>SPRING Courses</b>	
PSY 103 Introductory Psychology	4		PSY 214 Developmental Psychology	4
PSY 200 Intro to Careers in Psychology	1		SOC/ANT Elective	3
Core Credits	3		Core Credits	3
Core Credits	3		Core Credits	3
Core Credits	3		Core Credits	3
<b>TOTAL</b>		14 credits	<b>TOTAL</b>	
			16 credits	
SOPHOMORE YEAR				
<b>FALL Courses</b>			<b>SPRING Courses</b>	
PSY 250 Intro to Research Methods	3		1 Content or Lab-based Psych Course	4
1 Content or Lab-based Psych Course	4		PSY 310 Behavioral Science Statistics	4
Core Credits	3		Core Credits	3
Elective Course	3		Core Credits	3
Elective Course	2			
<b>TOTAL</b>		15 credits	<b>TOTAL</b>	
			16 credits	
JUNIOR YEAR				
<b>FALL Courses</b>			<b>SPRING Courses</b>	
1 Content or Lab-based Psych Course	4		1 Content or Lab-based Psych Course	4
1 Content or Lab-based Psych Course	4		1 Content or Lab-based Psych Course	4
PSY 438 Experimental Psychology	4		Core Credits	3
Core Credits	3		Core Credits	4
<b>TOTAL</b>		14 credits	<b>TOTAL</b>	
			15 credits	
SENIOR YEAR				
<b>FALL Courses</b>			<b>SPRING Courses</b>	
PSY 394 Research Assistantship or PSY 397 Directed Research - Optional**	1 to 4		PSY 394 or 397 - Optional**	1 to 4
PSY 493 Psych Capstone Seminar	3		Elective Course	3
Elective Course	3		Elective Course	3
Elective Course	3		Elective Course	3
Elective Course	3		Elective Course	2
<b>TOTAL</b>		16 credits	<b>TOTAL</b>	
			15 credits	

**UPDATED OCT 2024**

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.



Sponsored by the School Sisters of Notre Dame