

Over 30 high school students from the Milwaukee

metropolitan area and 6 Peer Mentors from around Wisconsin joined us June 22-24 to learn about leadership, college preparation and career exploration. Students gained essential skills that will help strengthen their college applications and valuable knowledge that will follow them into their future careers.



2020 Virtual Summer Leadership Academy

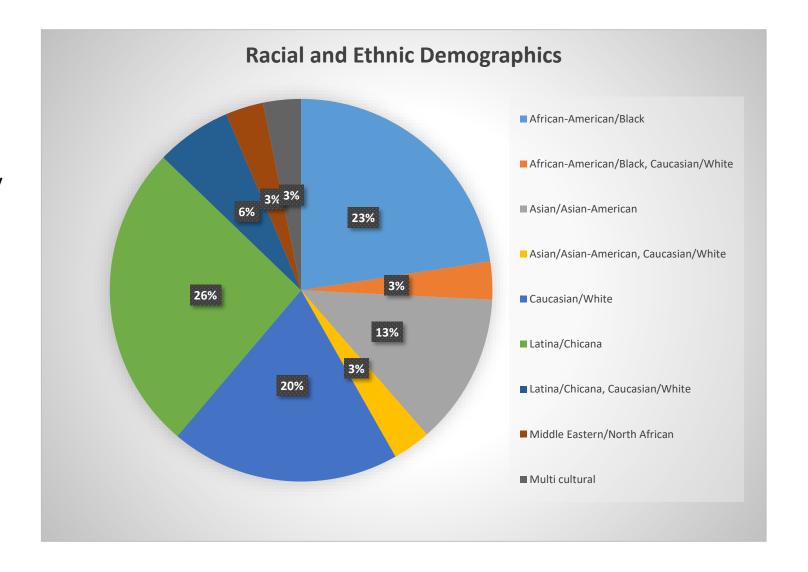
Because of Covid 19, the Summer Leadership Academy pivoted to an online format. The Academy was a shortened and condensed experience.

Prior to the Academy, applicants were directed to pick up their binders, schedules, and session kits. Several attendees participated from outside of Wisconsin – one from as far away as Puerto Rico. Women's Leadership Institute staff made sure all participants had the items they needed to be able to fully participate in their required and elective sessions.



A Diverse Group of Participants

The Summer Leadership Academy prides itself on hosting an incredibly diverse group of young women from across the metropolitan area and across the country. The Academy has consistently attracted young women from different races, ethnic groups and geographical locations. The 2020 Academy continued to welcome a group of young women that reflects our society and the Mount Mary University campus.





PARTICIPATING HIGH SCHOOLS

BROOKFIELD

Brookfield Central Brookfield East

CUDAHY

Cudahy High School

GERMANTOWN

Germantown High School

GREENFIELD

Greenfield High School

HARTFORD

Hartford Union High School

KENOSHA

Indian Trail High School

MILWAUKEE

Carmen High School Northwest

Cristo Rey Jesuit High School

Divine Savior Holy Angels

Hmong American Peace Academy

Pius XI High School

Ronald W. Reagan IB High School

St. Augustine Preparatory Academy

St. Joan Antida

Vincent High School of Agriculture

& Science

MUKWANOAGO

Mukwonago High School

NEW BERLIN

New Berlin Eisenhower

RACINE

Racine Virtual Learning

SUSSEX

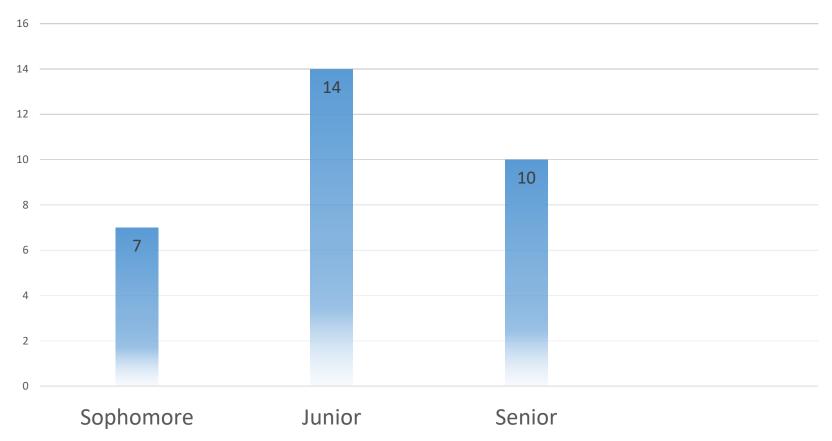
Sussex Hamilton High School

WAUWATOSA

Wauwatosa East High School

Women's Leadership Institute MOUNT MARY UNIVERSITY 2020 Supposer LEADERSHIP ACADEMY

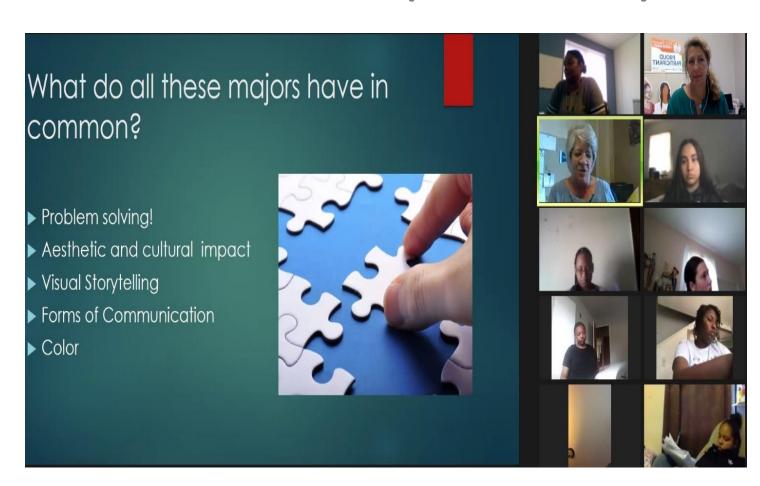
PARTICIPANTS' YEAR IN SCHOOL AS OF 6.22.20





The Virtual Summer Leadership Academy

As we moved to a virtual experience, all sessions were conducted online. Academy participants had morning sessions where all students would participate. In the afternoon they had their choice of 4 different elective sessions. Students would have break out sessions where the could speak with one another and their session facilitator.



Summer Leadership Academy Sessions

Required Academy Sessions

- Finding the Right Fit
- Importance of Sisterhood
- Making a Difference: Know Your Passion, Develop Your Skills
- Campus Tour
- Racial & Social Dynamics as a Leader
- Financial Aid 101
- Leadership and Social Justice
- Embracing Imperfection & Growth

Elective Sessions

- Q&A with current MMU Students
- Exploring the School of Natural & Health Sciences and Education
- Nursing
- Education
- Exploring the School of Humanities, Social Sciences and Interdisciplinary Studies
- Exploring the School of Arts & Design and Business
- Digital Storytelling
- Food Science
- Fashion Design
- Yoga/Self-Defense

School Sisters of Notre Dame

Mount Mary University's foundation dates back to 1833 and the School Sisters of Notre Dame. Sr. Stephanie Spandle, SSND, and Sr. Jill Laszewski, SSND, maintained that connection to our roots by providing nightly video reflections based on the sessions participants attended that day. They also provided handouts that included songs, readings, links to further information, reflection questions and a closing blessing.

"The reflections were very inspirational and I love how they could be enjoyed by all religions and schools of thought."

~ 2020 Summer Leadership Academy participant

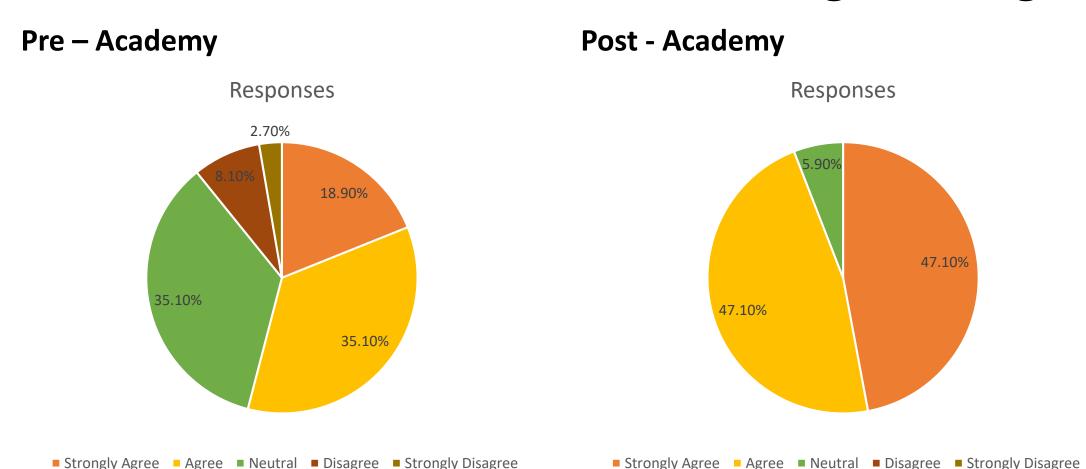


Pre – Academy and Post- Academy Surveys

Summer Leadership Academy participants were asked to complete Pre-Academy and Post-Academy Surveys to measure their understanding of concepts and how they felt they have grown in their understanding of themselves and their preparedness for the world after high school.



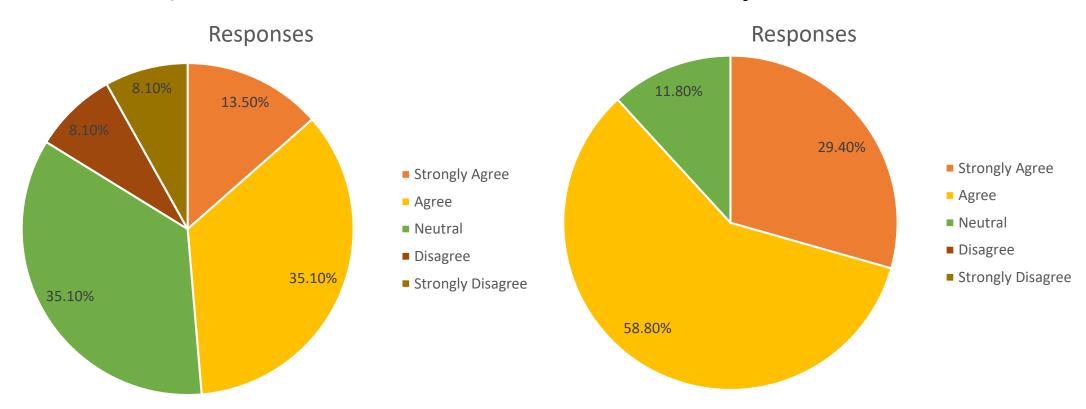
I am confident in my understanding of the factors to consider when choosing a college.



I am prepared for life after high school.

Pre - Academy





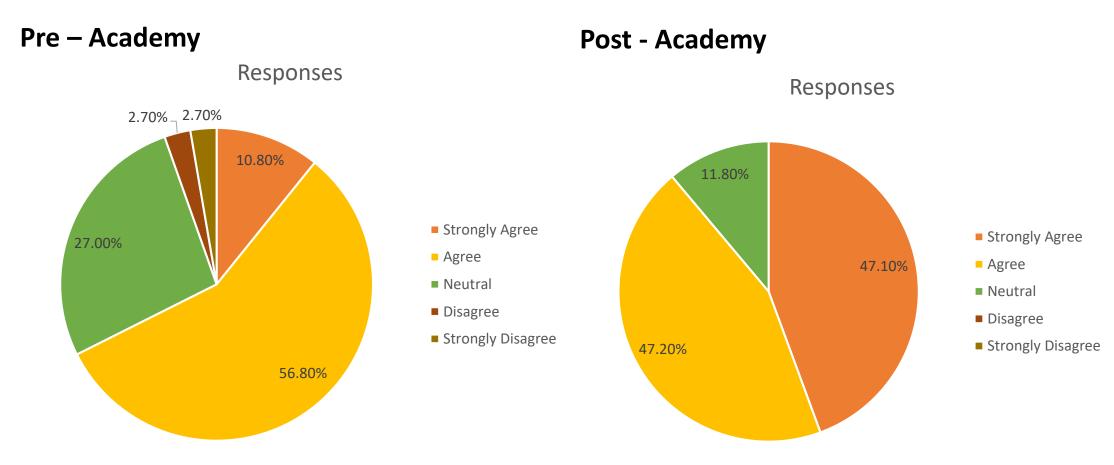




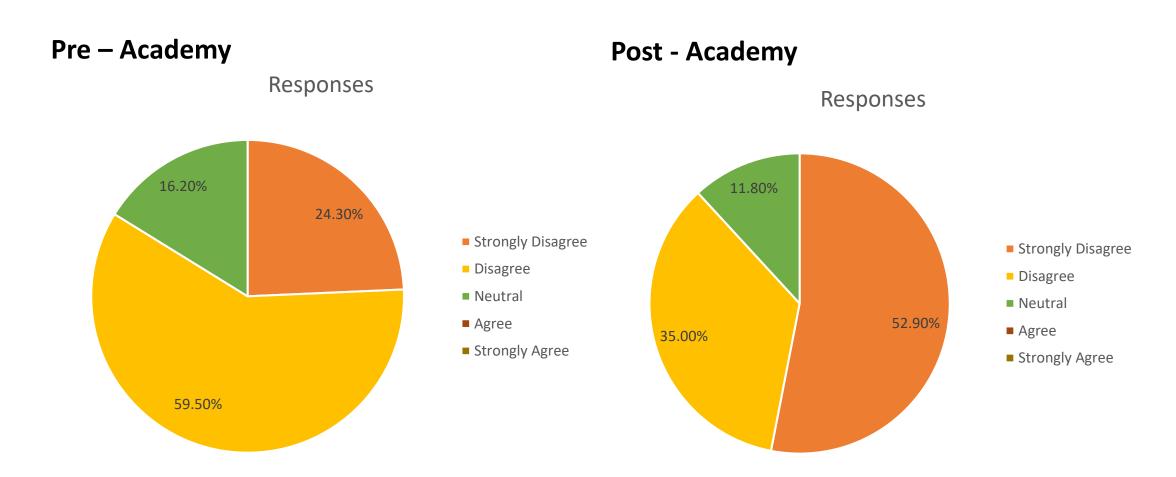


- The summer leadership academy didn't just boast about the how great
 Mount Mary was. Each class in the program was meant to teach us a
 valuable skill or give us insight into a new subject. It was nice to learn so
 much within just a few short days.
- I feel a lot more confident about the steps I need to take to succeed in and after high school. The sessions I attended cleared up any confusion that I was having about the future while also teaching me new skills.

I feel like I can make informed decisions about my life after high school.

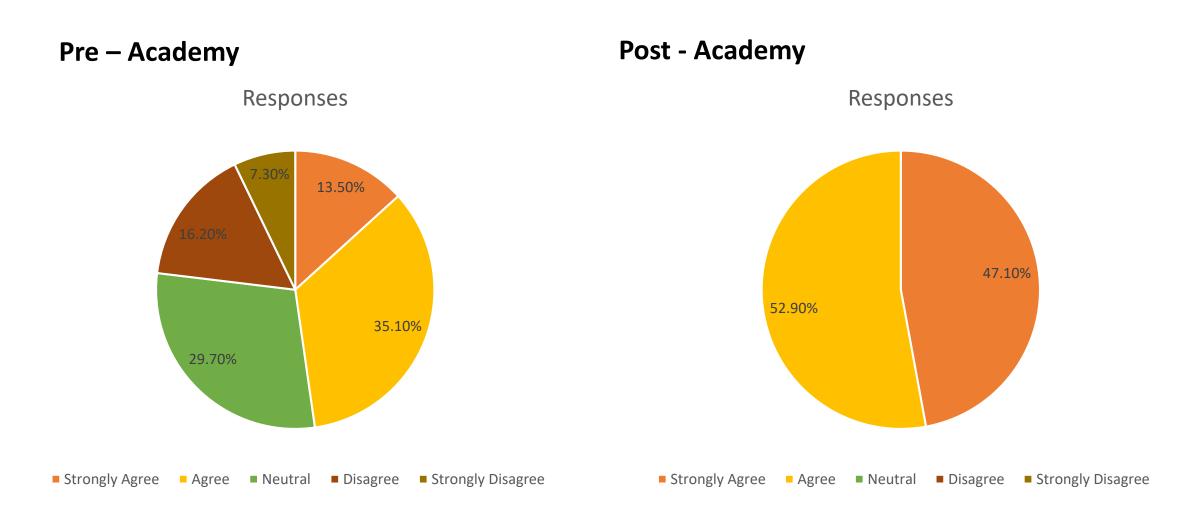


College seems out of reach for me.





I know what a FAFSA is.





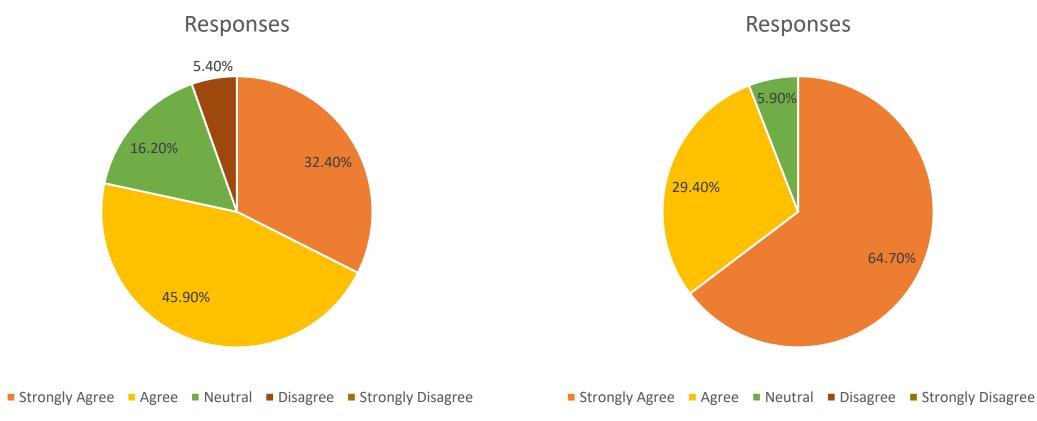


- I feel confident in knowing about financial aid. I think that lesson was very helpful for my future decisions.
 - I've grown a better knowledge of what to expect for colleges and career choices, also how to push myself to do things outside of my comfort zone.
 - I feel like I've become more well-rounded and open-minded.

I feel comfortable researching my college options.



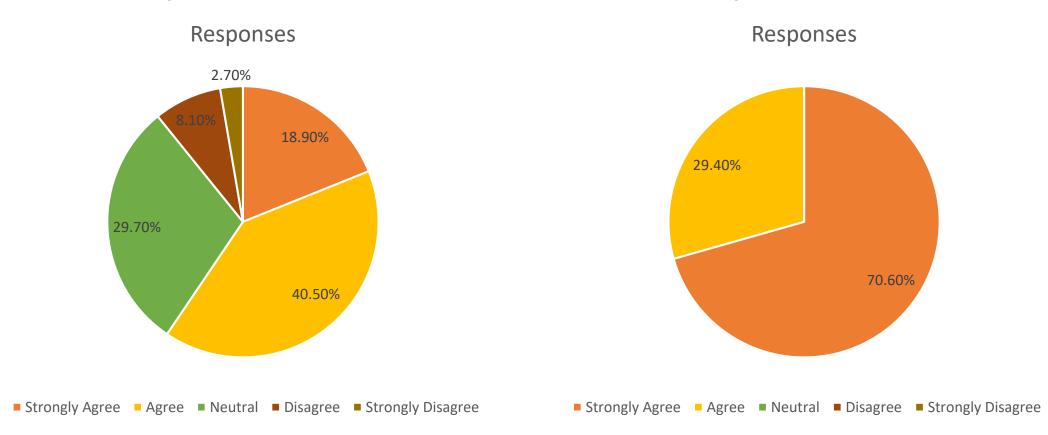


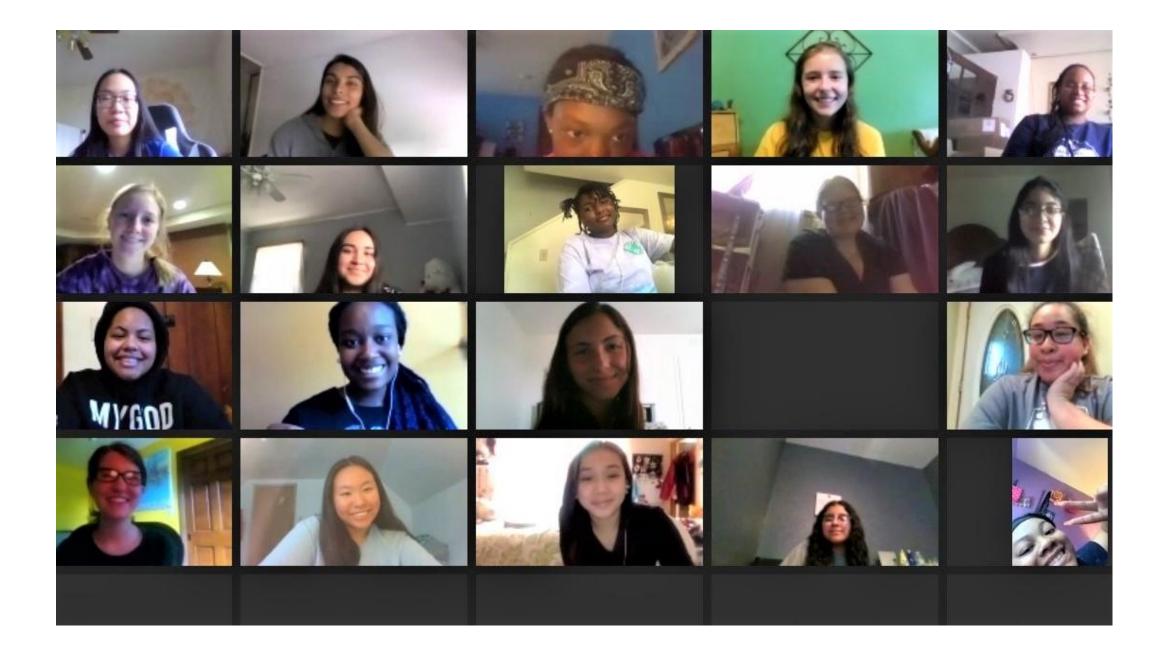


I understand the concept of "sisterhood".

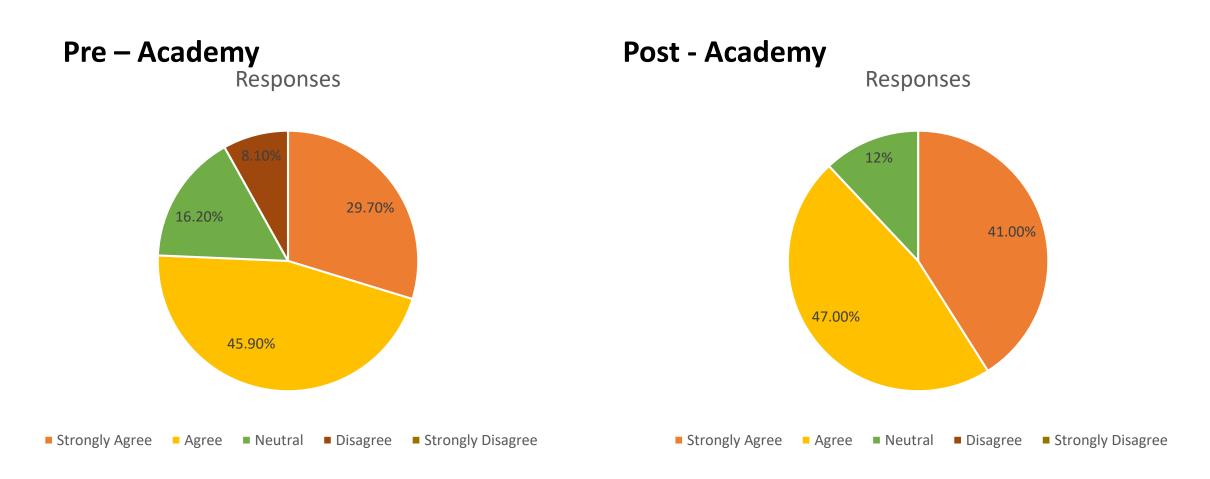


Post - Academy

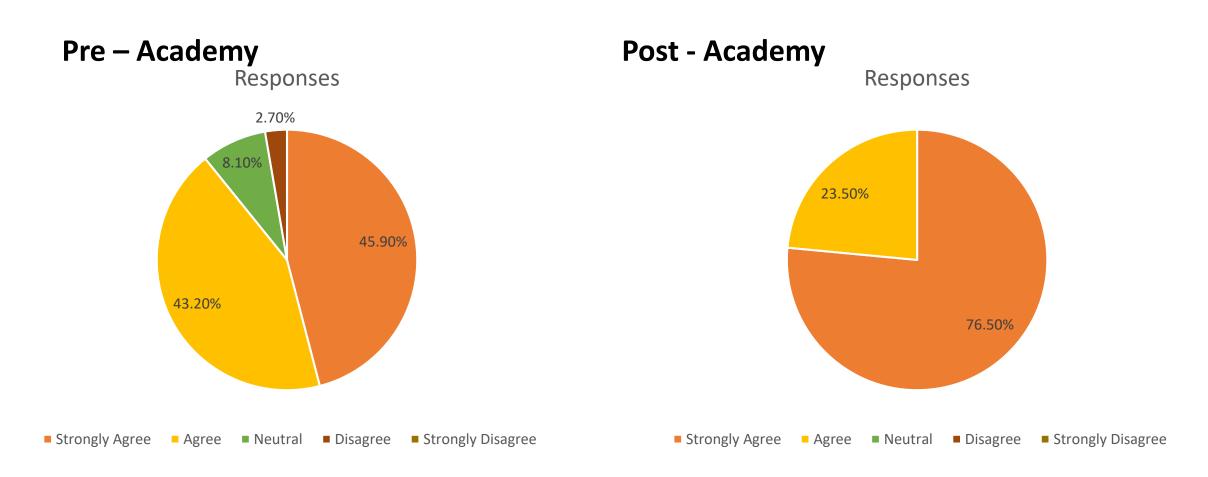




I am able to identify leadership skills or qualities that I will use in college.

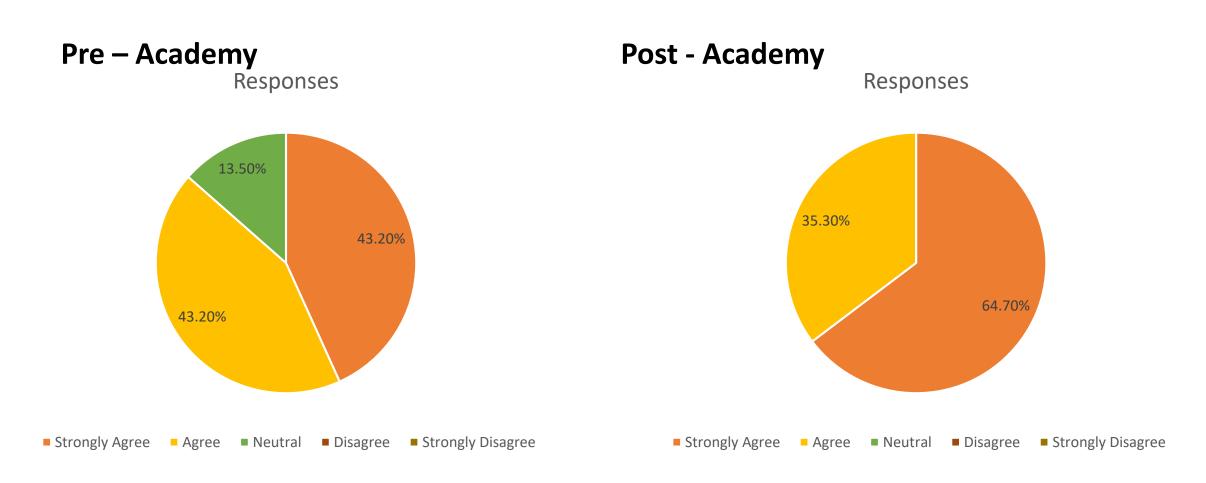


I understand how social location and privilege impact an individual's access to opportunity.

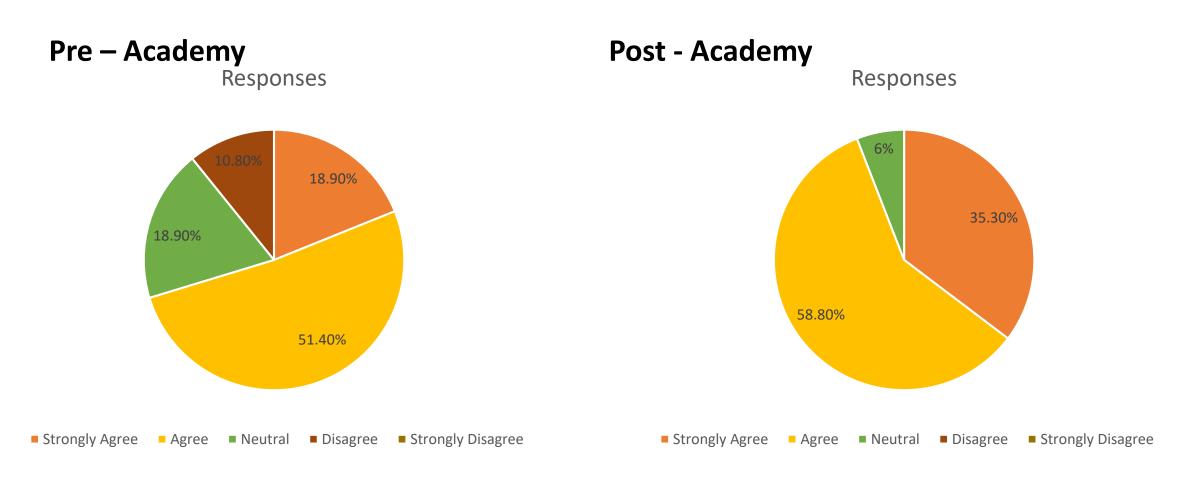




I understand that race is a social, not biological construct.



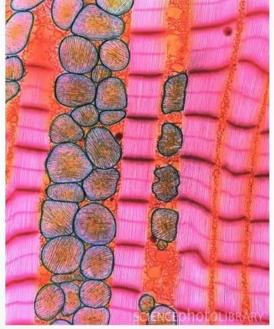
I understand what to expect from learning experiences during my time as a college/university student.



Inspiration: what do YOU see?







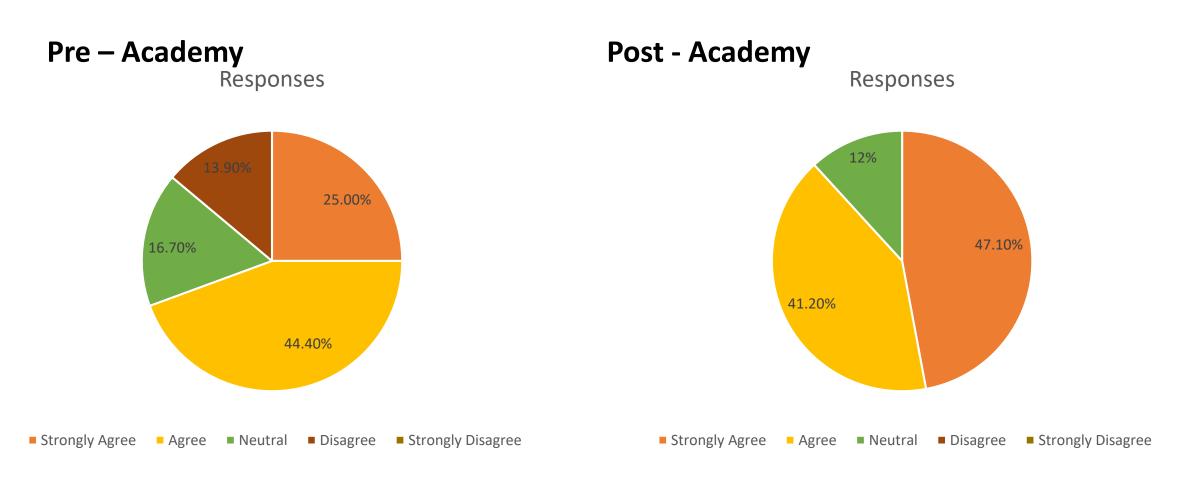
microscopic view of heart muscle



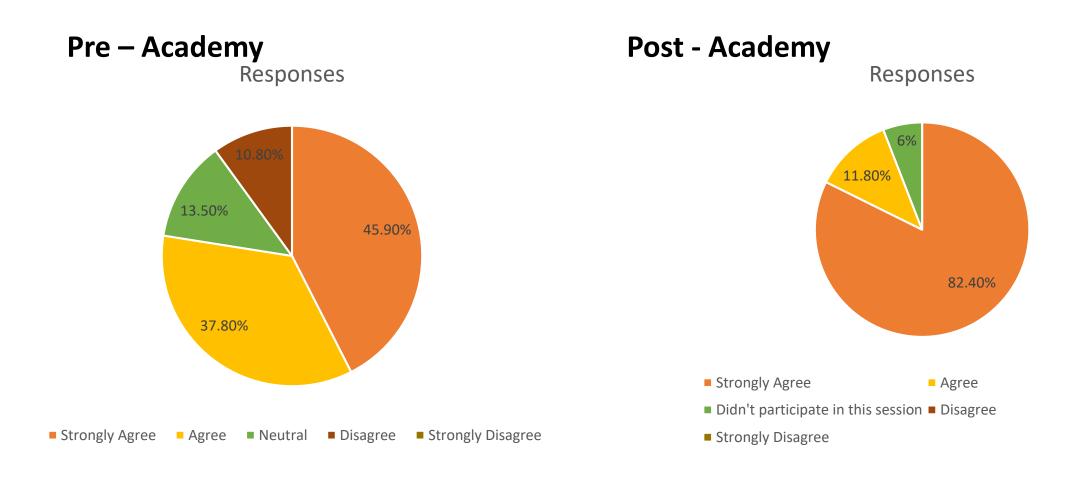
Hilma of Klint



I understand the importance of meditation as a spiritual practice to help with self-acceptance and self-love.



Nursing Elective: I understand the importance of Personal Protective Equipment in healthcare.



Small Groups

Each Summer Leadership Academy participant had the opportunity to meet with their small groups twice daily. Small groups were lead by a Peer Mentor and an Adult Co-Facilitator. Peer Mentors are young women who have participated in a previous Summer Leadership Academy. Adult Co-Facilitators are Mount Mary students or employees who support the Peer Mentor in leading the small group.



Small Group Reflections:

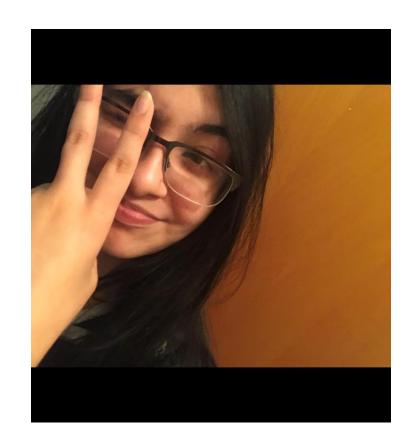
"We flowed so smoothly and we had lots of fun."

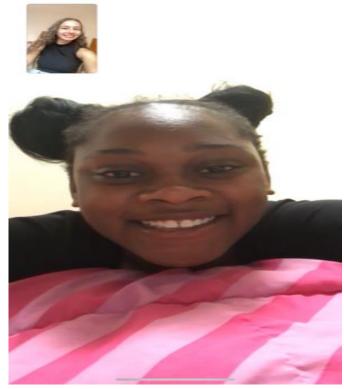




Virtual Roommates

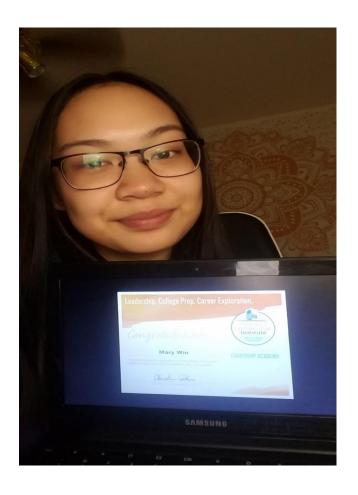
All Academy participants were paired with students from other schools as virtual roommates. They had time each day to connect including talking points and activities.



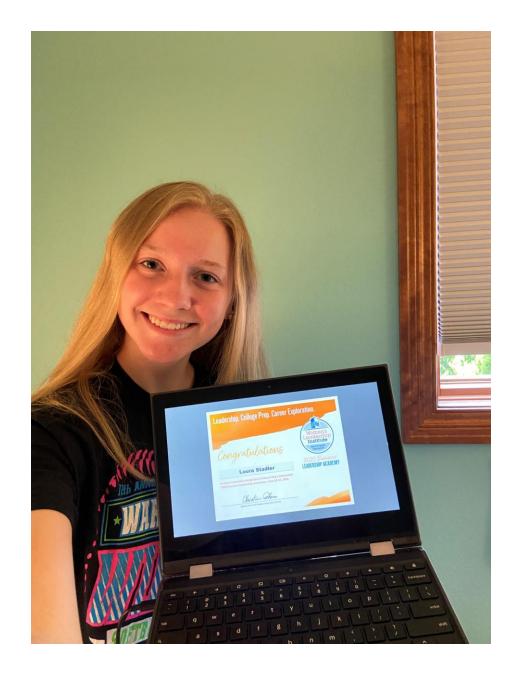


Participants who completed the program received Summer Leadership Academy program Certificates.









Post Survey Quotes



- I believe that I have expanded my knowledge of myself and have grown in my confidence.
 - I feel like I have grown to be more knowledgeable about what I should be doing and considering at this point in my life. Also, I learned a lot about Mount Mary and how the college works and feels like as a college student.
 - I feel like I have learned more about becoming a leader, as well as independence.



Thank you to our generous sponsors!











Virginia Cornyn '62 Nancy Cheski '65 Omar & Abby Andrietsch